

**W** COFFEETRADERS.COM

**P** 406.892.7696

**H** KITCHEN: 6AM-2PM  
CAFE: 6AM-3PM

# MCT

COLUMBIA FALLS COFFEE SHOP & CAFE  
HIGHWAY 2 & NUCLEUS



## BREAKFAST

SERVED ALL DAY MONDAY - SUNDAY

### [TRADERS' TRADITIONAL BREAKFAST]\*

TWO EGGS, ANY STYLE 7.00

ADD HAM, BACON OR PERFECT CUTS SAUSAGE PATTY 9.25

### [VEGGIE SCRAMBLE]\* FIVE FRESH SEASONAL VEGGIES,

TOMATOES, TWO SCRAMBLED EGGS, MONTEREY JACK CHEESE 9.00

### [COWBOY SCRAMBLE]\* TWO EGGS SCRAMBLED WITH

BACON, MUSHROOMS, PEPPERS, ONIONS, CHEDDAR CHEESE 9.25

### [TRADERS' OMELETTE]\* THREE EGGS, CHOICE OF TWO

ITEMS: BACON, HAM, SAUSAGE, CHEESE, OR SEASONAL VEGGIES 9.75 ADDITIONAL ITEMS AT EXTRA COST

**\*I SERVED WITH GRILLED POTATOES & WHEAT MONTANA MULTI-GRAIN TOAST**

### [BIG SKY] GRILLED POTATOES, TOPPED WITH BLACK

BEANS, FRESH AVOCADO, TWO SCRAMBLED EGGS, BACON, MONTEREY JACK CHEESE, MCT FIRE ROASTED TOMATO SALSA, WHEAT MONTANA MULTI-GRAIN TOAST 9.75

### [TRADER TATERS] GRILLED POTATOES, TOPPED WITH

BLACK BEANS, FRESH AVOCADO, CHEDDAR CHEESE, SERVED WITH MCT FIRE-ROASTED TOMATO SALSA & SOUR CREAM 7.25

### [BREAKFAST WRAP] TWO SCRAMBLED EGGS, GRILLED

POTATOES, CHEDDAR CHEESE AND YOUR CHOICE OF TURKEY, HAM, BACON, SAUSAGE (NON-MSG) OR OUR SEASONAL VEGGIE MIX, FLOUR TORTILLA, MCT FIRE ROASTED TOMATO SALSA 8.75

### [DOWN-HOME BISCUITS & COUNTRY SAUSAGE GRAVY]

NON-MSG FARM TO MARKET SAUSAGE 6.75

### [FRENCH TOAST] \*SERVED UNTIL 10:30AM MON-SAT\*

WITH REAL MAPLE SYRUP & 4 BERRY COMPOTE 9.00 WITHOUT FRUIT 7.25

### [SAYULITA SIESTA] \*SERVED UNTIL 10:30AM MON-SAT\*

ORGANIC CORN TORTILLAS TOPPED WITH BLACK BEAN PESTO, TWO EGGS OVER EASY, AVOCADO, JACK CHEESE, TOMATO, OLIVES, & CHILI VERDE SERVED WITH FRESH FRUIT OR POTATOES 9.00

### [ON THE LITE SIDE]

### [HOMEMADE QUICHE] SEASONAL INGREDIENTS CHOSEN

DAILY, HOUSEMADE PASTRY OR WHEAT-FREE CRUST 5.00 WITH CHOICE OF SIDE 7.00

### [MCT-STYLE OATMEAL] MONTANA-GROWN BARLEY

FLAKES AND OATS COOKED TO ORDER, CHOICE OF MILK 5.50

LOADED WITH DRIED FRUITS AND NUTS 6.50

### [HOMEMADE GRANOLA] ROLLED OATS, BARLEY FLAKES,

WALNUTS, PECANS, ALMONDS, DRIED FRUIT, PURE MAPLE SYRUP, HONEY, CHOICE OF MILK 5.75 ADD KALISPELL KREAMERY YOGURT FOR 1.25 MORE

### [ALL DAY BIRD SANDWICH] TWO SCRAMBLED EGGS AND

CHEDDAR CHEESE ON WHEAT MONTANA MULTI-GRAIN TOAST 5.00 WITH CHOICE OF MEAT OR AVOCADO 6.50

### [ROUND THE WORLD]

### [SMOTHERED BURRITO] \*SERVED UNTIL 10:30AM MON-SAT\*

SCRAMBLED EGGS, GRILLED POTATOES, AND CHEDDAR CHEESE IN A CRISPY TORTILLA WITH CHILI VERDE, SALAD GREENS, AND FRESH TOMATO 9.00 WITH HAM, BACON, SAUSAGE, TOFU, OR VEGGIES 10.25

### [GREEK SCRAMBLE] TWO SCRAMBLED EGGS, FETA

CHEESE, SAUTEED SCALLIONS, OREGANO, TOAST, SIDE EUROPEAN CUCUMBER & CHERRY TOMATO SALAD 9.25

### [THAI CURRY] LOCAL ORGANIC, NON-GMO TOFU, THAI

CURRY, VEGGIES, YELLOW RICE 9.25



OUR CAFE OFFERS THE HIGHEST QUALITY COFFEE AND FOOD. OUR MENU FEATURES LOCALLY SOURCED AND ORGANICALLY GROWN INGREDIENTS

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HIGHWAY 2 & NUCLEUS



## LUNCH

BEGINS AT 11AM MONDAY - SATURDAY

### [SANDWICHES AND WRAPS]

SERVED WITH CHOICE OF SIDE SALAD, SOUP,  
FRENCH FRIES, FRUIT, OR TORTILLA CHIPS

**[TRADERS' DELI SANDWICH]** CHOICE OF ROAST BEEF, TURKEY, HAM, OR AVOCADO; SWISS, CHEDDAR, PEPPER JACK OR PROVOLONE CHEESE WITH TOMATOES, RED ONIONS, CUCUMBER, LOCAL GREENS, MCT DIJON PARMESAN DRESSING ON WHEAT MONTANA MULTI-GRAIN BREAD. 9.25

**[GRIZZLY SANDWICH]** ROAST BEEF, GRILLED ONIONS, PEPPERONCINIS, CHEDDAR CHEESE, HORSERADISH SAUCE ON A GRILLED CERES BAKERY ROLL. 10.25

**[BURGER YOUR WAY]** A HAND-FORMED PERFECT CUTS LEAN BEEF PATTY, LOCAL GREENS, TOMATO, RED ONION, MAYO AND CHOICE OF CHEESE ON A GRILLED CERES BAKERY ROLL. 9.75

**[GLACIER MELT]** MCT ROASTED TURKEY BREAST GRILLED WITH APPLEWOOD-SMOKED BACON, AVOCADO, FRESH TOMATO, SWISS CHEESE, AND MAYO ON GRILLED WHEAT MONTANA MULTIGRAIN BREAD. 10.00

**[WRAPPIN' WITH A CHICK]** DICED CHICKEN, CELERY, WALNUTS, CRAISINS, MIXED GREENS AND BLEU CHEESE DRESSING IN A FLOUR TORTILLA. 8.75

**[DIJON CHICKEN SANDWICH]** TENDER CHICKEN COATED IN PANKO BREAD CRUMBS SEASONED WITH DIJON MUSTARD AND PARMESAN CHEESE, ONIONS, LETTUCE, & MAYONNAISE ON A CERES BAKERY ROLL. 9.50

### [MCT SPECIALTIES]

**[BLACK BEAN HUMMUS QUESADILLA]** CRISP FLOUR TORTILLA, BLACK BEAN HUMMUS, MONTEREY JACK CHEESE, CHEDDAR CHEESE, WITH SOUR CREAM & MCT FIRE ROASTED TOMATO SALSA. 7.50 ADD CHICKEN 9.50

**[PASTRAMI RUEBEN]** ON RYE WITH SAUERKRAUT, SWISS CHEESE, THOUSAND ISLAND DRESSING. ALSO AVAILABLE WITH SPINACH & LOCAL ORGANIC TOFU. CHOICE OF SIDE. 10.25

**[GADO GADO WRAP]** SAUTEED VEGGIES, SEASONED NON-GMO ORGANIC MONTANA TOFU, SPINACH, YELLOW RICE, SPINACH TORTILLA, MCT SPICY PEANUT GINGER DIPPING SAUCE, CHOICE OF SIDE. 9.50

**[FETA CHEESE WRAP]** FETA CHEESE WITH FRESH SALAD GREENS, KALAMATA OLIVES, TOMATOES, ONIONS, CUCUMBERS, BELL PEPPERS, AND SPROUTS, IN A SPINACH TORTILLA, WITH A BALSAMIC VINAIGRETTE, CHOICE OF SIDE. 9.25

**[THAI CURRY]** LOCAL ORGANIC, NON-GMO TOFU, THAI CURRY, VEGGIES, YELLOW RICE. 9.25

**[HOMEMADE QUICHE]** SEASONAL INGREDIENTS CHOSEN DAILY, HOUSEMADE PASTRY OR WHEAT-FREE POTATO CRUST. 5.00 WITH CHOICE OF SIDE. 7.00

### [SALADS]

**[MCT CAESAR SALAD]** ROMAINE LETTUCE, CROUTONS, MCT HOMEMADE CAESAR DRESSING & FRESH LEMON. 8.00 ADD CHICKEN 10.00

**[MCT COBB SALAD]** LOCAL GREENS, OVEN-ROASTED CHICKEN, HARD COOKED EGG, BLEU CHEESE, SMOKED BACON, CUCUMBER, CHERRY TOMATOES, AVOCADO, MCT DIJON PARMESAN DRESSING. 10.25

**[ASIAN CHICKEN SALAD]** LOCAL GREENS, GRILLED CHICKEN BREAST, CABBAGE, SCALLIONS, CARROTS, CILANTRO, PINEAPPLE, TOASTED SESAME SEEDS, SLICED ALMONDS, MCT SESAME VINAIGRETTE, CRISPY WONTONS. 10.00

**[TRADERS' HOUSE SALAD]** 6.00 WITH SOUP 7.50

**[HOMEMADE SOUP WITH BREAD]** LARGE 4.95 SMALL 3.95

**[MCT HOMEMADE DRESSINGS]** BALSAMIC VINAIGRETTE, SESAME VINAIGRETTE, THOUSAND ISLAND, DIJON PARMESAN, BLEU CHEESE, SWEET BASIL VINAIGRETTE



\*CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS